

## Transition from Hospital to Home at Roger Neilson House

Each family referred to and followed by the Palliative Care Team at the Children's Hospital of Eastern Ontario (CHEO) has access to care and support at Roger Neilson House as they transition from hospital to home and community services. The purpose of this type of admission is to support you as you assume responsibility for your child's care while also receiving the occasional negotiated break prior to going home.

### WHAT CAN YOU EXPECT BEFORE DISCHARGE FROM HOSPITAL?

- Planning for transfer home will begin as soon as possible – while your child is still in hospital. The most responsible physician will consult the community discharge team from CHEO to discuss your needs, including equipment & supplies, transportation, adaptations to your home and nursing or PSW support.
- CHEO staff will provide you with the necessary training to confidently assume your child's care at home.
- You will meet with your Community Care Access Center (CCAC) Case Manager either before discharge from hospital or immediately after you return home. Your case manager will coordinate all aspects of your child's care at home.
- The responsible physician at CHEO will communicate with your primary physician (GP or Pediatrician) regarding diagnosis and follow-up plans.



### WHAT WILL HAPPEN UPON ADMISSION TO ROGER NEILSON HOUSE?

- You will be asked to identify the goals you have for admission and target dates for achieving these goals.
- You will care for your child as if you were at home. The nursing staff will be available for support and reinforcement of the teaching you received at CHEO.



## WHAT WILL HAPPEN AT THE TIME OF DISCHARGE FROM ROGER NEILSON HOUSE?

- The nursing team will communicate with your CCAC case manager to ensure your community supports have been put into place.
- You will be asked to verify that you have confidently achieved the goals set at the time of admission and that you are comfortable to assume your child's care independently.
- You will be given clear instructions about how to contact the nurse or physician on the palliative care team on a 24 hour basis if you have questions or concerns.
- You will have an opportunity to book follow-up visits at Roger Neilson House for respite.

## CONTACT NUMBERS:

- *Palliative Care Nurse or Physician on call:* contact via CHEO locating at 613-737-7600, extension 0. Ask to have the nurse or doctor on call for Palliative Care paged.
- *Admissions Coordinator at Roger Neilson House:* 613-523-6300, extension 619