

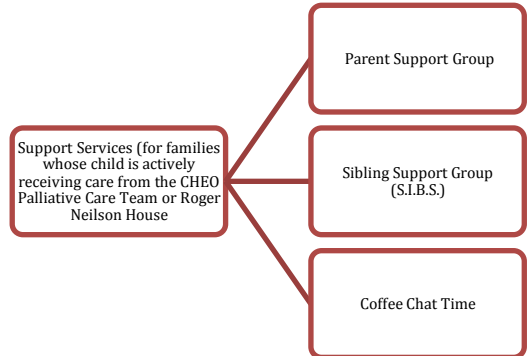
Support Services Offered

Roger Neilson House offers a variety of support services for families.

We offer counselling to individuals in addition to the group counselling outlined below. If you have any questions please speak with any one of our team members or contact Helen Yoxon, Manager, Palliative Care and Roger Neilson House at 613-523-6300 ext. 603 or hyoxon@cheo.on.ca. Please check our website Events page for the updated listing of group sessions available.

Ongoing Support Services:

Parents whose children are currently receiving the services of the CHEO Palliative Care Team and/or Roger Neilson House have access to individual and family counselling over the trajectory of their child's illness.



Coffee Chat Time

Coffee Chat Time is a non-facilitated “drop-in” time for all Roger Neilson House families, both past and present, to connect. The group is held at RNH the 4th Tuesday of each month from 11am-1pm. Registration is not required and coffee, tea and water will be provided.

Parent Support Group

This group is open to all families who have a child currently involved with the CHEO Palliative Care Team and/or Roger Neilson House. Registration is not required. The group is “drop-in” format and provides a safe space for parents to share their thoughts, emotions and coping strategies, as well as an opportunity to connect and develop relationships with other parents throughout their child's illness. The group is facilitated by two registered staff members.

There are usually two group meeting times available to attend: the 2nd Tuesday of every month, 6-8pm and the 3rd Tuesday of every month, 11am-1pm at Roger Neilson House.

Sibling Support Group (S.I.B.S.)

The siblings of children receiving support from the Palliative Care Team can participate in a support group called S.I.B.S. (Spectacular Incredible Brave Siblings). The group is facilitated by RNH Registered Recreational Therapists and trained volunteers. The group's objectives are to create opportunities for siblings to receive support from peers going through similar experiences and to help decrease feelings of isolation. Art and drama are used to encourage self-expression in a fun, safe environment. Siblings are invited to share their experiences and ask questions of medical professionals. Topics are planned in advance and vary from month to month. This group is typically for children over the age of 4, but please ask our team if you are interested.

S.I.B.S. is usually held the second Saturday of every month from 10am-12pm.