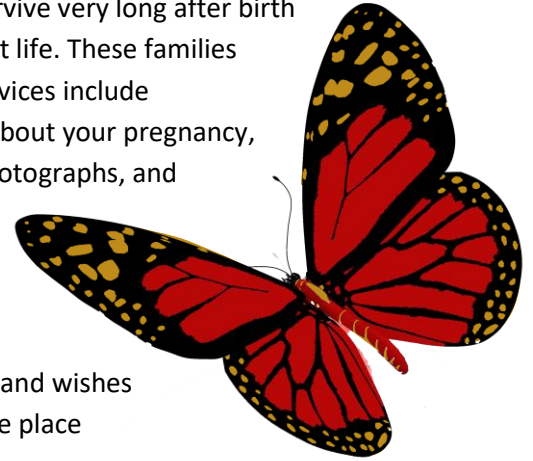


Perinatal Palliative Care (Perinatal Hospice) at Roger Neilson House

Families who receive the heartbreaking news that their baby will not survive very long after birth may choose to continue their pregnancy and celebrate their baby's short life. These families have access to specialized care and support at Roger Neilson House. Services include counselling and emotional support; helping to make medical decisions about your pregnancy, delivery and your baby's care; assisting with memory making such as photographs, and ongoing bereavement care. Many families have found this journey to be very meaningful and healing.



WHAT CAN YOU EXPECT?

- A meeting with the Palliative Care Team to discuss your choices and wishes and answer any questions you might have. This meeting will take place as soon as possible.
- The careful development of a birth plan – designed by you and facilitated by the Palliative Care Team – that meets the unique needs of your baby and family, taking into account your hopes, goals and values. The birth plan will address labour and delivery, managing your baby's medical needs, feeding, family visits, end of life care and making memories.
- After your child is born, your family will be supported to spend as much time together as you need. You will be given the opportunity to participate in memory making such as photographs, plaster molds of hands and feet and collecting a lock of hair.
- If time permits, your family may choose to be transferred to Roger Neilson House for ongoing care and support. This may include providing comfort measures for your baby and unlimited private time for your family. You may also continue memory making activities that were initiated at the place of birth.
- Should you choose to go home with your baby, the team will organize community supports and be available to you at all times by telephone or through visits to your home.
- Bereavement care will be provided for your family after your baby's death.

HOW CAN YOU ACCESS THIS SERVICE?

- Ask your obstetrician or primary care physician to send a referral to the Palliative Care Team at CHEO, 399 Smyth Rd., Ottawa, ON K1H 8L2, fax 613-523-3617.
- Contact the Palliative Care nurse or physician on call through CHEO switchboard at 613-737-7600 extension 0. Ask to have the Palliative Care nurse or physician paged.
- Should you have any questions please contact our Perinatal Hospice Coordinators at 613-523-6300 x4671.