

Support Services Offered

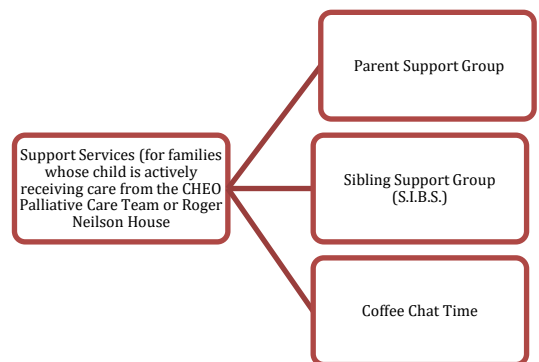
Roger Neilson House offers a variety of support services for families.

We offer counselling to individuals in addition to the group counselling outlined below. If you have any questions please speak with any one of our team members or contact Helen Yoxon, Manager, Palliative Care and Roger Neilson House at 613-523-6300 ext. 4603 or hyoxon@cheo.on.ca.

Please refer to the Events page on our website for the updated listing of group sessions available, and for dates and times: <https://rogerneilsonhouse.ca/news-events/events/>.

Ongoing Support Services:

Parents whose children are currently receiving the services of the CHEO Palliative Care Team and/or Roger Neilson House have access to individual and family counselling over the trajectory of their child's illness.



Parent Support Group

This group is open to all families who have a child currently involved with the CHEO Palliative Care Team and/or Roger Neilson House. Registration is required. The group provides a safe space for parents to share their thoughts, emotions and coping strategies, as well as an opportunity to connect and develop relationships with other parents throughout their child's illness. The group is facilitated by two registered staff members.

Sibling Support Group (S.I.B.S.)

The siblings of children receiving support from the Palliative Care Team can participate in a support group called S.I.B.S. (Spectacular Incredible Brave Siblings). The group is facilitated by RNH Registered Recreational Therapists and trained volunteers. The group's objectives are to create opportunities for siblings to receive support from peers going through similar experiences and to help decrease feelings of isolation. Art and drama are used to encourage self-expression in a fun, safe environment. Siblings are invited to share their experiences and ask questions of medical professionals. Topics are planned in advance and vary from month to month. This group is typically for children over the age of 4, but please ask our team if you are interested.

Coffee Chat Time

Coffee Chat Time is a non-facilitated "drop-in" time for all Roger Neilson House families, both past and present, to connect. Registration is not required. Coffee, tea and water will be provided.