



## **Therapeutic Recreation**

*We put FUN into FUNctional*

The Recreation Therapy program at Roger Neilson House aims to ensure that the children in our care have the opportunity to have normal childhood life experiences, fulfill their wishes however big or small, and connect them to other children just like them.

The recreational therapist team will work with you and your child to provide an individual focused treatment program and under their direction the therapeutic play activities will be organized which encourages their participation. We bring in various themed activities like going on adventures around the world, Harry Potter, being a prince or princess for the day or learning magic at Hogwarts. We change themes biweekly and try to make connections among the bits of learning and transfer that knowledge into meaningful application. While participating in therapeutic play activities children will explore all the incredible rooms of Roger Neilson House like playroom, basement for art and craft activities, patio, kitchen for baking, Snoezelen room bringing soothing and stimulating environment etc.

*Insights on the some special activities we use at Roger Neilson House:*

### *Music Care*

As a part of our regular program music care will be provided through a variety of structured and unstructured activities. No matter what a child's ability we try to make all children participate fully and help them experience a new and innovative sensory experience, and enjoy making music together.

### *Snoezelen Room*

Thanks to The Children's Wish Foundation, we have a Snoezelen room on-site. It is affectionately referred to as Nora's Nest. It is a multi-sensory room filled with sparkling lights, bubble tubes, a swing, sensory stations and a ball pit, where the children are able to explore, relax and have fun, regardless of their abilities.

### *Zen Zone*

The Zen Zone is a recreation therapy program provided at Roger Neilson House for families and children. This program combines music care and adapted therapeutic yoga techniques to provide kids and families a space to move their bodies, dance and play music. All techniques in this class are done in partners – adult and child – allowing all yoga poses, games, breathing and stretching to be accessible and beneficial to all children.

### *Camps*

Every summer Roger Neilson House provides a completely accessible summer day camp experience for the children and teens of Roger Neilson House. During summer camp therapeutic play activities are facilitated by recreation therapist with a goal of truly providing a fun and exciting summer camp experience for the RNH children and teens.

### *Parties*

The Roger Neilson House parties are an event you will not want to miss. Treats, crafts, haunted houses, bunnies, and Santa!! Who could ask for more? Roger Neilson House hosts three parties a year: Halloween, Christmas, and spring!

During an RNH party we invite all parents, children and siblings to come together and celebrate with us. Hope to see you there.

### **LEARN MORE**

For more information please contact us below:

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